



## Jakob Sletteland MSc, RH(AHG)

### **Statement of Informed Disclosure**

I graduated with a Master's of Health Science (MSc) in herbal medicine from the University of New England, Armidale, NSW, Australia. My undergraduate studies included completion of a Bachelor's of Arts (BA) in Holistic Health and Phytotherapy (herbal medicine) from Prescott College, in Prescott, AZ, and numerous continuing education courses and internships in nutrition and herbal therapeutics, including advanced coursework through the North American Institute of Medical Herbalism. I have met the rigorous educational and experiential requirements for professional membership in the American Herbalist Guild (AHG), and am a Registered Herbalist (RH) with the AHG. I have ten years of experience in the field of holistic health and wellness, and have consulted with over three thousand clients.

My education does not include the diagnoses and treatment of disease according to the standards of medical science. I am not licensed in any capacity as a nutritionist or herbalist by the State of Oregon, nor do my services replace those of a licensed physician. I advise all clients who consult with me to seek the advice of a licensed health care provider for any illness or persistent symptoms. Referrals to licensed practitioners are available upon request. Consultations with me are educational in nature, intended to make you aware of the beneficial effects of diet, exercise, herbs and herbal formulas, lifestyle changes and nutritional supplements. As a client you take responsibility for the use of any herbs, herbal formulas and nutritional supplements recommended. Herbs or nutritional supplements can sometimes cause discomfort or side effects. I ask that you stop taking any suggested products immediately if such side effects or discomfort occurs and to please notify me promptly at Vital Force Natural Health at The People's Wellness Center, at 541-505-8100 or email me at: [jakob@vitalforcenaturalhealth.com](mailto:jakob@vitalforcenaturalhealth.com). Any information discussed with me during consultations will be held in strict confidence. Information pertaining to your case will only be released upon your written request. Exceptions to this are information regarding impending suicide, homicide or child abuse.

I fully understand that Jakob Sletteland is not a medical doctor or practitioner and is not qualified for medical diagnoses or treatment procedures.

I have read the above statements and agree to these terms.

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Signature of client or guardian

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Signature of Practitioner

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Date

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